

PROACTIVE HEALTH

Services offered at Proactive Health

At Proactive Health we offers the following services:

Homeopathy, Emotional Freedom Technique (EFT), Stress Management, Weight Loss, Nutrition and General Wellness Consultations.

The Homeopathic consultation, apart from the selected homeopathic remedy, may also include recommendations on any lifestyle changes that are important to improving your health and allowing the homeopathic remedy to work in the most optimal way. Therefore it may include any other services offered at Proactive Health. You may receive, if appropriate, an advice on diet, nutritional supplements, the stress management techniques, exercises, etc.

Other consultations: Emotional Freedom Technique (EFT), Weight Loss, Stress Management, Nutrition and General Wellness Consultations, will not include a prescription of a homeopathic remedy because to prescribe a homeopathic remedy requires a more time consuming, detailed and specific to homeopathy case assessment that the other consultations do not provide.

If you are already receiving any service other than homeopathy i.e. Emotional Freedom Technique (EFT), Weight Loss, Stress Management, Nutrition or General Wellness Consultations, and would like to add Homeopathy to your treatment, please discuss that with us prior to making your appointment as you may qualify to receive your **initial Homeopathic consultation at a reduced fee.**

Proactive Health FEE Structure

Consultations with Homeopathy:

Initial Adult or Child Consultation	1.5 hour – \$200.00
Follow-Up, within 4 weeks from last appointment	30 min. – \$55
Follow-Up, within 5-12 weeks from last appointment	45 min. – \$75
Follow-Up, more than 12 weeks from last appointment	1 hour – \$100.00
Phone/Email Consultation	See below

Consultations without Homeopathy:

Initial Adult or Child Consultation	1 hour – \$100.00
Follow-Up, regular	1 hour – \$100.00
Follow-Up, short	30 min. – \$55.00
Phone/Email Consultation	See below

Email or Phone calls in between appointments

Will be charged according to time spent and my hourly rate \$100.00/hr, with **\$25.00 minimum charge.**

Note: Email/Phone appointments should generally be used within 12 weeks of the last appointment. At any time if rather the regular follow-up appointment is needed, it will be advised to you.

When scheduling your appointment online, in rare situations, if there is any conflict in the date or time of your scheduled appointment then we will contact you to provide an alternative.

If the date/time you prefer is not available on the scheduler please contact us and we might be able to accommodate your preference.

Details of billing for PHONE/EMAIL CONSULTATIONS

Any email or phone call has a **minimum charge of \$25.00** since each requires a minimum time of 15 minutes for me to read, review the information and reply.

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If it requires more time than the minimum then a call or an email is billed according to time spent and at my hourly rate of \$100/hr. If an email goes back and forth then I will track the time spent and bill for the total. I will send invoices weekly or as my time permits.

(Example: 20 min = \$33. / 25 min = \$41.25 / 30 min = \$50. / 35 min = \$57.75 / 40 min = \$66. / 45 min = \$75. / 50 min = \$82.50 and 55 min = \$90.75 and 1 hour = \$100)

Calls need to be scheduled online via our website, or requested via phone.

The phone or email consultations between the appointments are for current patients who want to get their questions answered about a current situation or stress that may not require a regular appointment. This way they can feel free to email me about smaller issues and they know the fee up front. However, some questions still require a regular follow-up appointment and that will be indicated in my reply.

The only emails or calls that are now exempt from charges are:

- Those sent within first 2 weeks of your Homeopathic Consultation
or
Those within 1 week of your non-Homeopathic Consultation
(**Important: These emails or calls can only relate to your treatment plan**)
- **Homeopathy only:** When I have asked you to email me or call me the first week after taking your initial dose(s) of your new homeopathic remedy. I use this info for an initial evaluation of the remedy prescribed and establish your dosing schedule until your next appointment.
- If you have a question about ordering your remedy from a pharmacy or ordering any recommended supplements.

Payment methods

At this time, homeopathy is not covered by insurance. **Payment is required at the time of your visit.** We accept PayPal, credit cards and cash. For your convenience you can pay online via our website www.ocproactivehealth.com at the time of scheduling your appointment or following up the link sent to you within the email confirming your appointment (choosing pre-paid visit option is the preferred method of payment).

Cancellation policy

Office visits are by appointment only, and availability will vary.

If you need to cancel your appointments please be advised that we require **at least 24 hours notice** to avoid a \$50 cancellation fee.

I have read and agree to the Proactive Health fee policy.

Patient/Parent/Conservator/Guardian Signature

Date

Indicate capacity to sign if other than client