

Essential Oil Skin Care Use Chart

Essential Oil	Dry Skin	Sensitive Skin	Oily Skin	Elasticity	Wrinkles	Acne
<i>Bergamot</i>			x			
<i>Clary Sage</i>	x		x		x	
<i>Cypress</i>			x		x	
Frankincense			x	x	x	
<i>Geranium</i>	x	x	x	x	x	x
Helichyrsum			x		x	
<i>Lavender</i>	x	x	x	x	x	x
<i>Lemon</i>	x		x		x	x
<i>Myrrh</i>	x			x	x	
<i>Wild Orange</i>			x		x	x
<i>Patchouli</i>	x		x		x	x
Peppermint			x			
Roman Chamomile	x	x	x			x
Rosemary			x		x	x
Sandalwood	x		x		x	
<i>Ylang Ylang</i>	x		x	x	x	

Essential Oil Use Chart for Hair

Essential Oil	Normal Hair	Dry Hair	Oily Hair	Dandruff	Alpecia Areata	Hair Growth
<i>Basil</i>				x		
<i>Clary Sage</i>	x					x
<i>Cypress</i>			x	x		x
<i>Geranium</i>	x	x				x
<i>Grapefruit</i>						x
<i>Lemon</i>			x	x		
<i>Lavender</i>	x	x	x	x	x	x
<i>Peppermint</i>			x			
<i>Rosemary</i>	x	x	x	x	x	x
<i>Sandalwood</i>		x				
<i>Thyme</i>	x			x	x	x
<i>Tea Tree Melaleuca</i>				x		
<i>Ylang Ylang</i>	x					x